

Nappy Changing and Toilet Policy and procedure

NMS Regulation Standard 10

Following Covid19 guidelines



Berriew Pre-school supports children with their physical needs as an essential part of respecting the rights of the child as stated in the United Nations convention on the rights of the child. [UNCRC summary-1.pdf \(unicef.org.uk\)](#)

The privacy of all children will be maintained at all times, especially when intimate care Nappy changing facilities are provided which meet the environmental health standards and promotes privacy and independence.

Berriew pre-school will follow the infection prevention control guidance detailed in the link: <https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/guidance/accordians/docs/infection-prevention-and-control>

Staff will use protective gloves and aprons when assisting children with toileting and or nappy changing procedures.

Nappy Changing Procedure:

- There will be a list of Children wearing nappies/pull ups, all staff will be made aware and regular checks will be made to ensure the child is changed when required.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned, a changing mat is available in the disabled toilet.
- We will be sure to keep changing areas cleaned and sanitised and record on covid19 cleaning checklist.
- Each young child has their own nappies or pull ups and changing wipes.
- Over this period, we ask that parents supply a week's supply of nappies, wipes, creams etc. These will then be stored in an individual named basket for each child.
- If a child attending the Setting continues to be in a nappy, their will be a Staff member assigned to the child who will change the child's nappy at regular intervals, and at any other times when the child has a wet or soiled nappy.

Before changing a nappy the assigned staff member will:

- Collect all necessary materials before commencing the nappy changing.
- Wear a fresh apron before commencing the nappy changing.
- Wear fresh gloves when changing the nappy of each individual child.
- Hands will be washed for 20 seconds with soap and water before putting on the gloves and removal of gloves,
- Sanitize the changing area before each child
- Place blue paper covering on the changing mat.
- During nappy changing, never leave the child on its own on the changing mat.
- Place the wet/dirty nappy in a plastic bag, and then in the appropriate bin.



- Place the cleaning materials and dirty gloves in a plastic bag, and then in the appropriate bin, (Please refer to waste disposal policy).
- Staff and child will wash hands thoroughly, returning the child to the room.
- Staff will then return to the nappy changing station in order to clean the area thoroughly, using appropriate disinfectant/anti-bacterial solutions, and dry the station with paper towels.
- Wash hands immediately following the cleaning process. Store all materials and leave the station tidy and clean.

- All staff are familiar with the hygiene procedures and have signed to say they have read this policy with covid19 guidelines and actions in place.
- Nappies and pull ups are disposed of hygienically. The nappy or pull up is doubled bagged and put in the designated bin, this is emptied regularly and recorded on the cleaning checklist. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are also double bagged for the parent to take home.

Toileting Procedure:

- Children have access to toilet facilities, We will help and assist and be sure to clean the area before and after use.
- Independence is encouraged and privacy is respected.
- Children are accompanied to the toilet as soon as they indicate their need.
- Personal care is delivered only by fully checked DBS members of staff/volunteers.
- Children are taught good hygiene practice in relation to their own personal care as they grow to independence.
- Warm water and soap are available for children to wash their hands and hand towels for drying.
- Hand towels will be disposed of in the bin provided and emptied regularly throughout the day and disposed of appropriately (see waste disposal policy)
- Water temperature is monitored.
- Toilets, potties, etc are checked regularly and cleaned/disinfected regularly and recorded on the toilet cleaning checklist
- A change of clothes is available in pre-school if needed.

This **Nappy and Toileting policy and procedure** for Berriew Pre-school was passed for use

On:

By:

Position:

Date of planned review:

